

WELCOME



LOOP HEAD FOOD CIRCLE

Stella Maris Hotel is proud to be a founder member of Loop Head Food Circle whose ethos is to support people that live and work on the peninsula as much as possible thus ensuring the sustainability of our community. There is some fantastic fresh produce available on Loop Head. The lighthouse symbol indicates our signature dishes whose primary ingredients are found here.

Look out for this symbol on other menus in the area. By supporting other members of Loop Head Food Circle you will be helping the local community develop the peninsula as a responsible and sustainable tourism destination.

Visit www.loophead.ie for more information.


We hope you enjoy dining with us.

OUR LOCAL SUPPLIERS

Martin Haugh's Butchers, Kilkee - Sealyons Seafood, Carrigaholt
Cathal Sexton Fish Ltd., Doonbeg - Rahona Roots, Carrigaholt
McNamara's Bakery, Kilkee - Considine's Bakery, Kilrush
C&K Foods, Moyasta - Moyasta Coffee

* Should you have any specific dietary requirements please do not hesitate to inform a member of staff who will gladly assist you.

 indicates dishes that are Gluten Free and suitable for coeliacs

 indicates dishes that are suitable for vegetarians

Follow us on Facebook & Visit www.stellamarishotel.com


LUNCH


Available from 12pm (Please ask our staff about our Daily Specials)


HOMEMADE SOUP OF THE DAY €4.00

STELLA MARIS SEAFOOD CHOWDER  €6.00
Soup made with a selection of Local Seafood, Carrots,
Celery & Leeks with Fresh Fish Stock & Cream (GF)

POULNASHERRY BAY OYSTERS  €9.50
½ Dozen on the Half Shell served with a Wedge of Lemon
& Tabasco Sauce (GF)

STEAMED CARRIGAHOLT MUSSELS  *small* €8.50
Mariniere, cooked with Shallots, Garlic, White *large* €12.50
Wine, Cream & Fresh Parsley (GF)

TIAN OF DRESSED CLARE CRAB & AVOCADO  €9.50
(when available) Rahona Roots Green Salad &
Marie Rose Sauce (GF)

PRAWN & APPLE COCKTAIL  *small* €8.00
Crisp Baby Gem Lettuce & Marie Rose Sauce (GF) *large* €11.50

SMOKED CHICKEN CAESAR SALAD *small* €8.00
Crisp Baby Gem Lettuce, Herb Croutons & Parmesan Shavings *large* €11.50

BAKED ST. TOLA GOAT'S CHEESE €8.00
Honey & Fresh Thyme on Considine's Toast with
Rahona Roots Green Salad (V)

LUNCH

Available from 12pm (Please ask our staff about our Daily Specials)

BURREN SMOKED SALMON SALAD (GF)	€11.50
COD IN BEER BATTER  Fries, Tartare Sauce & Mushy Peas	€14.50
HAUGH'S BLACK ANGUS 10oz SIRLOIN STEAK  Sauteed Mushrooms & Onions & Fries Cooked to your liking with a choice of sauces - <i>Tarragon & Balsamic Butter, Garlic & Parsley Butter, Green Peppercorn Sauce</i> (GF)	€21.00
CAJUN SPICED CHICKEN FILLET Potato Wedges, Natural Yoghurt & Rahona Roots Green Salad (GF)	€14.50
ROASTED ROOT VEGETABLE CURRY Coconut, Spinach & Toasted Cashew Nuts served with Wholegrain Basmati Rice (GF) (V) <i>With Chicken</i>	€14.00 €16.00
HOMEBAKED BEEF LASAGNE Considine's Garlic Bread & Rahona Roots Green Salad	€14.00
TRADITIONAL ROAST CHICKEN & HAM Fresh Herb & Breadcrumb Stuffing & Gravy served with Mashed Potatoes & Seasonal Vegetables	€11.50
STELLA MARIS STEAKBURGER Cheddar Cheese & Bacon on Considine's Toasted Sesame Seed Bap with Crisp Baby Gem Lettuce, Fresh Tomatoes, Onion & Gherkins served with Fries	€14.50

SANDWICHES

All our Sandwiches are made to order

PLAIN OR TOASTED SANDWICHES ON CONSIDINE'S WHITE BREAD €4.20

Choice of Fillings – Baked Ham, Roast Chicken, Tuna Mayonnaise, Sardines, Egg Mayonnaise, Cheddar Cheese, Mixed Salad, Tomato, Onion, Cucumber, Peppers, Lettuce, Wholegrain Mustard, Basil Pesto & Mayonnaise

Served with Fries & Salad Garnish

€7.50

OPEN SANDWICHES ON OUR OWN BROWN SODA BREAD €7.50

All served plain or grilled with a Salad Garnish

- Baked Ham, Wholegrain Mustard, Cheddar Cheese & Onion
- Smoked Salmon, Parmesan Shavings, Rocket & Olive Oil
- Tuna, Mayonnaise & Onion
- Egg, Mayonnaise & Onion
- Roast Chicken, Basil Pesto, Cherry Tomatoes & Cheddar Cheese
- Sardines (on Toasted Soda Bread)

BLT ON CONSIDINES WHITE TOAST €5.50

Grilled Bacon, Crisp Baby Gem Lettuce, Sliced Tomato & Mayonnaise

Served with Fries & Salad Garnish

€8.80

ON THE SIDE

Brown Soda Bread & Butter	€2.00
Considine's Garlic Bread with Cheddar Cheese	€2.80 €3.00
Fries	€3.00
Homemade Potato Wedges (plain or spicy)	€3.30
Potato Gratin	€4.50
Mashed Potatoes	€2.00
Boiled Potatoes	€2.00
Seasonal Vegetables	€3.50
Rahona Roots Green Salad	€3.50

CHILDREN'S MENU (*under 12's*)

Homemade Chicken Dippers	€5.50
Fresh Cod Goujons	€5.50
Grilled Sausages	€5.50
<i>All of the above are served with Mashed Potatoes or Fries</i>	
Homebaked Beef Lasagne with Garlic Bread	€6.50
Baby Dinner with Mashed Potatoes, Vegetables & Homemade Soup	€4.00

DESSERTS

ALL OUR DESSERTS & PASTRIES ARE HOMEMADE

IRISH FARMHOUSE CHEESEBOARD	€7.50
Brown Bread Crackers & Sheridan's Chutney	
WARM CHOCOLATE CAKE	€5.50
Poached Raspberries	
BAKED VANILLA CHEESECAKE	€5.50
Gingernut Base & Sour Cream & Lemon Topping	
PROFITEROLES	€5.50
Sweetened Whipped Cream & Rich Chocolate Sauce	
FRESH FRUIT CRUMBLE	€5.50
TRADITIONAL APPLE TART	€5.50
Made with Shortcrust Pastry	
CRÈME CARAMEL	€5.50
Almond Biscotti (GF) option	
CRUSHED HAZELNUT MERINGUE	€5.50
Fresh Cream, Irish Strawberries & Strawberry Sauce (GF)	
IRISH DAIRY VANILLA ICE-CREAM	€5.50
Baileys Irish Cream & Caramelised Walnuts (GF)	
SELECTION OF IRISH DAIRY ICE-CREAM	€5.50
Vanilla, Strawberry & Double Chocolate (GF)	
2 Scoops	€3.80
1 Scoop	€2.00
WARM FRUIT SCONE WITH BUTTER & JAM	€2.00



HOT DRINKS

Selection of Teas	€2.00
Coffee	€2.20
Latte	€3.00
Cappuccino	€2.50
Espresso	€2.00
Hot Chocolate	€3.00
Liquor Coffee (Whiskey, Brandy, Baileys or Tia-Maria)	€6.00